## **LRCCD Suicide Intervention & Formal Risk Assessment**

Please refer to this chart for steps to follow if a student is showing signs of a psychological crisis.



## What is a psychological crisis?

Suicidal: harm to self (thinking, verbalization, written, art or behavior) "I want to die" "I want to kill myself"

Homicidal: harm to others (Aggressive and/or violent towards others) "I want to hurt someone" "I am going to hurt them"

Gravely impaired:
confused, agitated,
disoriented, having
hallucinations
or delusions
Seems out of touch with
reality



Threatening to end life or someone else's life in front of you with the means (just took pills to overdose, dangerous behaviors, etc)

When you are physically with a student, remain with them or provide warm handoff.

Call LRPD at 916.558.2221 press '0 or 911. You will need to provide location of student.

Notify the district employed mental health team member or trained staff immediately.

mentalhealth@losrios.edu

\*Trained Staff: Campus Mental Health,

Counseling Department, Nurse



Student has identified a psychological crisis through thinking, verbalization, written, art of behavior.

When you are physical with a student, remain or provide warm handoff. Immediately refer the student on the same school day the concern is identified.

A LRCCD approved risk assessment will be conducted by a trained district staff. This staff will determine level of risk and develop a safety plan or next steps.



If the concern is after hours and campus staff is not available - please make a referral to mental health team on the next work day.

Provide student with crisis resources and contact emergency contact (if listed).

If the student or emergency contact cannot be reached, call LRPD at **916.558.2221** press '**0**' and request the Mobile Crisis Response Team to complete a Welfare Check.

## Crisis Resources

Suicide Prevention Lifeline: 988 Crisis Text Line: Text 'COURAGE' to 741741

Sacramento PD Non-Emergency: 916-264-5471 or

916-264-5471 ( Sheriff's Dept

916-874-5115

Indicate it is a mental health crisis and request Mobile Crisis Response Team



If you are not certain on next steps, please consult with your Dean or campus Health & Wellness Team. Remember, you do not have to support a student alone.